

PUBLIC HEALTH VISION 2016 - 2020

WESTMINSTER CITY COUNCIL

THE VISION

We have a vision that all people in Westminster are enabled to be well, stay well and live well, supported by a collaborative and cohesive health and care system.

AMBITIONS TO DELIVER THE VISION

We will work with our colleagues within the council, the NHS and others to improve and protect health and wellbeing and to reduce the health inequalities within Westminster. Our focus will be;

- 1 To reduce childhood obesity and increase the number of children that leave school with a healthy weight.
- 2 To promote the importance of the wider determinants of health and wellbeing especially work or another clear sense of purpose within a community, and overcoming mental and physical health barriers to employment.
- 3 To design and deliver services that have the biggest impact on prevention, early intervention and early help where it is needed. A focus on dementia, reducing the stigma and fear associated with dementia and creating dementia friendly communities which support and include people with the condition and their carers.
- 4 To work with others to ensure that housing supports a healthy and independent lifestyle, supports the most vulnerable into safe housing and reduces homelessness, as a safe and secure home is a fundamental determinant of good health.
- 5 To improve mental wellbeing by promoting self care and sign posting to preventative and joined up services.
- 6 To provide public health services to the highest possible standards in terms of outcomes and reducing health inequalities.

We will work with others to deliver these ambitions through the Joint Health and Well being Strategy.